



**2010
Long Course Season
Franklin Area Swim Team**



Please circle Session Choice(s)

Session	Fee
Spring Stroke Clinic	\$55
AG/HS Full Season-All days	\$355
AG/HS Full Season-3 days	\$215
AG/HS Late Start-All days	\$245
AG/HS Late Start-3 days	\$145

*There is a \$45 fee for AMS dues for anyone who was not registered for the FAST winter session

Legal First Name	Legal Middle Name	Legal Last Name	Age	Date of Birth	

Parent's Names _____

Address _____

E-mail address _____ Phone Number _____

***Due to schedule conflicts, the times, days and location of several programs changed. Please double check the program information on the following page.**

Registrations and full payment are due by: Tuesday, April 20, 2010.

Send to:

**Jodi Horvath
3951 Sunflower Court
Murrysville, PA 15668**



2010 Long Course Season Franklin Area Swim Team



Spring Stroke Clinic: swimmers in Developmental 1 and 2 and AG who want learn proper stroke technique and skills, stay in shape, and have fun swimming.

DATE	TIME	DAYS	FACILITY	Cost
April 20-	6:30 – 7:30	Tues and	FR MS Pool	\$55
May 20	PM	Thurs		

The FAST Long Course season is for Age Group (with approval of Coaching Staff) and High School swimmers. The season is April 17th through August 6th. The breakdown of days, pools, and time is as follows (note we will be moving to the outdoor pool at Olympic as soon as it opens (May 10). Please contact Head Coach Lucas Marsak at lucasmarsak@gmail.com with any questions about the Long Course Program.

DATE	DAYS	TIME	FACILITY
April 17	S	10 – 12 PM	FR MS POOL
April 19 – May 9	M & W	6 - 8 PM	FR MS POOL
April 19 – May 9	T, TH, F S	4 -6 PM 10 – 12 PM	Olympic Swim Club (indoor)
May 10-June- 11	M though F	4 – 6 PM	Olympic Swim Club (50 meter)
June 14- August 6	M, W, F	8 – 10 AM	Olympic Swim Club (50 meter)
June 14- August 6	T, TH S	8 – 10 AM	Meadowink Pool

Full Season

Group	
All practice days	\$355
AG/HIGH SCHOOL	
3 days per week AG/ High School	\$215
April to May 9:	
T – Th – S	
May 10 – August 6:	
M – W - F	

**Late Spring Start Option
May 24 through August 6
(Same Practice Schedule as above)**

Group



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3 days per week AG/ High School M - W - F	\$145